

BIAW

Did you know? **Tip of the Month**

As a Regence BlueShield health care participant through the BIAW Health Insurance Program, you take your health care benefits with you – across the country and around the world.

The holidays are here, and for some us that means a trip to the airport. Thanks to the BlueCard program, you don't have to worry about being away from home and getting sick or having an accident. Some BlueCard benefits include:

- Access to the largest network of doctors in the United States and worldwide.
- Easy to arrange appointments when you want one.
- Hassle free processing.

There is no need to submit a claim form if you visit a participating BlueCard doctor in the United States.

To find a participating BlueCard doctor, call (800) 810-BLUE 24 hours a day seven, days a week or visit <http://www.bcbs.com/healthtravel/finder.html>

For more information about BlueCard or the BIAW Health Insurance Program, call EPK & Associates at (800) 545-7011 ext. 6.