

# Health Insurance

**B I A W** Did you know?

## Tip of the Month

Did you know as a Regence BlueShield member you have access 24 hours a day to a registered nurse at no extra cost? CareEnhance® Nurse Advice Line allows Regence members to get answers to those tough medical questions and receive advice from a highly trained, caring registered nurse.

- Call for a symptom assessment anytime you or another covered family member is sick or hurt. (24 hours a day, 7 days a week)
- Call to prepare for a doctor's visit. Find out important questions to ask or to get more information on what procedures your doctor may perform.
- Call for self-care tips that can quicken your road to recovery.

**To reach the CareEnhance®  
Nurse Advice Line call 1-800-267-6729**